

Tzatziki

Ingredients

- 350g/12oz Greek yoghurt
- 1 cucumber
- 2 tbsp lemon juice
- 2 cloves of garlic, grated finely
- dash of extra virgin olive oil
- paprika, for sprinkling



Method

1. The best result is achieved by peeling and de-seeding the cucumber before grating. Hang the grated cucumber in muslin cloth or a tea towel in order to squeeze out all the excess liquid.
2. Combine the yoghurt, cucumber, lemon juice and garlic. Add a dash of olive oil and sprinkle with paprika.

Notes