

Fruit Cake

Ingredients

- 225gms (8oz) Self Raising flour
- 115ml (4fl oz) oil
- 115ml (4fl oz) milk
- 115gms (4oz) soft brown sugar
- 2 or 3 Eggs
- 340gms mixed fruit
- ½tsp mixed spice
- ½tsp almond essence
- 60gms (2oz) Cherries
- Pinch of salt



Method

1. Put all the ingredients into a bowl and mix well.
2. Turn into a greased 20cm (8in) tin. Sprinkle with Demerara sugar and bake in the middle of the oven at 150°C (130°C Fan, 300°F, Gas 2) for 1 - 1½ hours.

NOTE

If you want to make 2 at a time they take approximately 2 hours to cook together. If sealed well in cling film and a plastic bag they will keep well for months.